



PSHE: RELATIONSHIPS

Year 5/6

PSHE Units of Learning:

Y1/3/5: Happiness, Positivity and Feeling Special; Emotions, Feelings and Friends; Being Safe and Asking for Help.

Y2/4/6: Families, Friendships and Relationships.

Key knowledge

Everyone makes mistakes so forgiveness is important in healthy relationships.

Types of family: nuclear, extended, step, foster, adopted, single-parent.

Relationships can be personal or professional. There are professionals in the community who can help us stay safe.

To contact the emergency service dial 999 ask for police, fire, ambulance or coast-guard and communicate the problem and your location

Knowing simple first-aid can save lives.

Key vocabulary

This is the vocabulary that will help us talk about our learning

role-model	a person looked to by others as an example to be imitated
biological	related by blood and genetics
non-biological	not related by blood and genetics
forgive	let go of past grudges or lingering anger against a person or persons
forgiveness	the action or process of forgiving or being forgiven
emergency service	police, fire, ambulance or coast-guard
first-aid	the assistance given to a person suffering a sudden illness or injury until full medical treatment is available

