

# Summer Menu 2019

All @  
£2.30

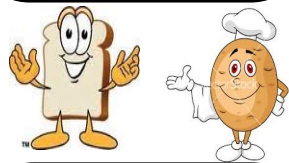
DAILY FOR ALL.....

- ◆ Fresh bread basket
- ◆ Organic milk

### AVAILABLE DAILY

Hot jacket potato or roll option with a CHOICE of fillings plus.....

- ◆ Munch on crunchy salad
- ◆ Or add hot vegetables
- ◆ Choose the dessert of the day
- ◆ Top up on fresh fruit



### AVAILABLE DAILY

Packed lunch option with a CHOICE of fillings plus.....

- ◆ Munch on crunchy salad
- ◆ Top up on fresh fruit
- ◆ Grab some raisins

W/b: 23/4; 13/5; 10/6; 1/7;

W/b: 29/4; 20/5; 17/6; 8/7

W/b: 6/5; 3/6; 24/6; 15/7

## MONDAY

Toad in the Hole  
V-Quorn Toad in the Hole  
Mashed Potatoes  
Green Beans & Cauliflower  
Oaty Cookie

Cheese Pin Wheels  
V- Quorn & Vegetable pie  
New potatoes  
Cauliflower & Carrots  
Chocolate Muffin

Cheesy Ham Pasta Bake  
V- Cherry Tomato Pasta  
Garlic Bread  
Sweetcorn & Carrots  
Cherry Pie and Ice Cream

## TUESDAY

Hand made Cheese and Tomato Pizza  
Pasta Twists  
Carrots & Sweetcorn  
Shiphay Mess

Sticky BBQ Chicken  
V- Sweet Potato Broccoli Cheese Bake  
Wedges  
Sweetcorn & Green beans  
Strawberry Jelly & Ice Cream

Pork Meatballs on Tomato Sauce  
V-Quorn Meatballs  
Mashed Potato  
Peas & Beans  
Chocolate Beetroot Cake

## WEDNESDAY

Roast Turkey  
Yorkshire Pudding  
V- Stuffed Pepper  
Roast potatoes  
Carrots & Cabbage  
Ice Cream Roll

Roast Pork Loin  
V- Butternut & Mascarpone Lattice  
Roast Potatoes  
Green Beans & Carrots  
Orange and Mango Smoothies

Roast Chicken  
V- Quorn Sausage  
Oven Roast Potatoes  
Cabbage & Carrots  
100% Juices Ice Pops

## THURSDAY

Katsu Chicken  
Curry Sauce  
V- Quorn Curry  
Savoury Rice  
Cauliflower and Broccoli  
Shortbread and Strawberries

Beef Burger  
V-Spiced Lentil and Bean Patties  
Sweet Potato Bake  
Mixed Veg  
Chocolate Cracknel

Sausage Roll  
V-Sausage Roll  
Mashed Potato & Baked Beans  
Beef Burger  
Home-made Apple Jelly

## FRIDAY

MSC Fish Fingers  
MSC Cod Fillet Goujons  
V- Falafel  
Salad Wraps  
Chips  
Beans & Peas  
Coco Brownies and Cream

MSC Fish Fingers  
MSC Cod Fillet Goujons  
V- BBQ Bean Burritos  
Chips  
Peas & Sweetcorn  
Toffee Apple Crumble & Custard

MSC Fish Fingers  
MSC Cod Fillet Goujons  
V- Veg Nuggets  
Chips  
Peas & Baked Beans  
Sprinkle Cake

## LOCAL

We use as much local and school garden produce as we possibly can !!

## SEASONAL

WE use seasonal fruit and vegetables

## HEALTHY DRINKS

water, organic milk,



## FOOD ALLERGIES And INTOLERANCES

If you have a food allergy or intolerance

Please speak to our staff  
about the ingredients in your meal,  
when making your order.

## QUALITY

We use higher welfare BRITISH meat, local beef, local free range pork,

high meat percentage burgers and

sausages. Local free range eggs, Marine Sustainable Certified fish. fairtrade bananas, organic milk,



## CHOICE

There is always plenty to choose from

## FRESH & TASTY

## cooked with care

NO nasty additives, preservatives or colourings.

## VARIETY

We have fresh fruit available DAILY served in various ways to make it fun!...

whole fruit, fruit pots, platter, melon boats and fruit ke-