

Let's Do Lunch!

THERE IS A
VEGETARIAN AND
GLUTEN FREE
ALTERNATIVE
AVAILABLE EVERY DAY

Only £2.30

Summer 2018

£1.40

SOUP MENU

Soup and Roll,
A Sandwich, Salad
and a Pudding or Fruit
A freshly made Soup on
offer every day, also
sandwiches & side salad.

Or alternately order a
Jacket Potato with
various fillings, a pudding
& a drink for **£2.30**

Daily selection of Bread
Fresh Fruit Salad or low fat
Yoghurt & Self-service

Monday

Spaghetti
Bolognaise
Vegetable &
Quorn Bolognaise
Mixed Veg
Custard Biscuits

Weeks Beginning:
16th April, 8th May, 4th June,
25th June, 16th July

Tuesday

Tuesday Menu
chosen by Y6 in Oak

Pizza
Coleslaw
Sweetcorn
Chocolate Cake

Wednesday

Roast Pork
Vegetable
Quiche
Roast Potatoes
Seasonal
Vegetables
Gravy
Mousse

Thursday

INDIAN DAY
Lamb Rogan
Josh
Vegetable biriyani
Yellow Rice
Bombay Potatoes
Naan Bread
Yogurt & Raspberry



Fish Fingers
Scampi or
Goujons
Sweet potato &
onion Quesadillas
Chips, Beans or
Green beans
Fresh Fruit or
Cheese Pots

Creamy Chicken
& Pepper Pasta
Red Pesto Pasta
Peas
Focaccia
Sorbet

Weeks Beginning:
23rd April, 14th May, 11th June,
2nd July, 23rd July

Sausage Pie
Quorn Sausage
with Lentils
Mashed Potato
Beans
Cornflake Cake

Roast Beef
Yorkshire Puddings
Homity Pie
Roast Potatoes
Seasonal
Vegetables
Gravy
Fruit Waffles

**MOROCCAN
DAY**
Turkey & Apricot
Tagine
3 Bean Cassoulet
Kale, Feta &
Peach Couscous
Pineapple
Hummingbird



Fish Fingers
Battered Fish
Vegetarian
Scotch Egg
Chips, Mushy
Peas or Spaghetti
Fresh Fruit or
Cheese Pots

Lamb Moussaka
Mushroom
Stroganoff & Rice
Broccoli
Unicorn Sprinkle
Cake

Weeks Beginning:
30th April, 21st May, 19th June,
9nd July

Turkey & Spinach
Lasagne
Quorn (chicken
style) Lasagne
Garlic bread
Fruit Coulis
Cheesecake

Roast Gammon
Cauliflower Cheese
Roast Potatoes
Seasonal
Vegetables
Gravy
Fruit Jelly

U.S.A DAY
Louisiana Style
Cajun Chicken
Vegetable Fajitas
Wild Rice
BBQ Beans
Apricot &
Cranberry Muffins



Fish Fingers
Fish Cakes
Vegetarian Gyros
Sweetcorn or
Peas
Chips
Fresh Fruit or
Cheese Pots